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ADULT CONFIRMATION CLASS SYLLABUS

Spring 2022

Class Dates: All Classes on Monday’s from 6:30-7:30 p.m. (time is flexible depending on needs of the group): April 4, 11, 18 and 25th

Rehearsal and Confirmation: will be at Holy Name Cathedral in Chicago (see dates below)

**Instructors:**

Tim Higgins: [t-higgins@u.northwestern.edu](mailto:t-higgins@u.northwestern.edu)

Phone: 847-328-4648

**Text Book:**  *United States Catholic Catechism for Adults*. United States Conference of

Catholic Bishops, July 31 2006.

**Week 1: Monday April 4th**

Welcome!

1. What brought you here? Why be Confirmed now?

2. What do you think of when you hear the word “church”? What do you like about being

Catholic? What are the challenges of being Catholic today?

3. The Creed – God, Jesus, Holy Spirit. Church = One, Holy, Catholic, Apostolic

Logistical items …. forms, books, baptismal certificates.

Confirmation is a beginning, not an ending …

READ: Chapters 5 and 11

**Week 2: Monday April 11th**

The Sacramental Life:

1. A closer look at the seven sacraments with a particular emphasis on Confirmation.

2. Sacraments of Initiation – Baptism, Confirmation, Eucharist

3. Sacraments of Healing – Reconciliation, Anointing of the Sick

4. Sacraments of Service – Marriage, Holy Orders

READ: Chapters 15-20 (Definitely read the chapter on Confirmation, plus one other sacrament of your choice.)

**Week 3: Monday April 18th**

The Moral Life:

1. The 10 Commandments and the Beatitudes as guidelines for moral living

2. How to make a moral decision (think, pray, act)

3. What to do when there isn’t a clear-cut right and wrong.

READ: Chapter 23; Chapters 25-34 (choose 1-2 to read in depth)

The Communal Life: Social Justice and Being a Disciple of Jesus

1. The importance of being in community and care for one another.

2. Corporal and Spiritual Works of Mercy/ Catholic Social Teaching

3. The Call to Discipleship

READ: Chapter 24

**Week 4: Monday April 25th**

The Prayer Life: Liturgy and Private Devotion

1. Importance of Liturgy

2. Ways of praying – devotions, discernment, communion of saints

READ: Read one chapter – Chapter 12 (Mary), Chapter 22 (Devotions), Chapters 35-36

The Bible – How Catholics read / study / understand the Bible

Translations, Lectionary, How to pray with the bible

READ: Chapters 1-3

**\*\*Thursday April 21 7-8 pm REHEARSAL at Holy Name Cathedral Chicago**

**\*\*Wednesday April 27, 7 p.m. CONFIRMATION at Holy Name Cathedral**

**Preparation Sessions**

**The purpose of these classes is to give you an opportunity to update your faith and to give you a good look at how the Church understands Confirmation today. Preparation sessions cover topics such as Scripture, Jesus Christ, Sacraments, and more.**

**Before Confirmation, Reconciliation is encouraged, an appointment can be made with Fr. Bradley Zamora, Sheil Catholic Center Director;** [**bradley.zamora@northwestern.edu**](mailto:bradley.zamora@northwestern.edu)

**Or through your local parish priest.**

**Sponsors**

**Your sponsor must be a confirmed Catholic over the age of 16, may be either a man or a woman, and be someone willing to walk the journey of faith with you. Sponsors are expected to attend the rehearsal and Confirmation TBD, They are certainly welcome to attend other preparation sessions, but it is not a requirement.**

**Documents**

**We will need a copy of your baptismal and first communion certificates with registration form by the second class Monday, April 11th. (Please send by email, a scanned copy is fine) Please write or call the church at which you were baptized and received first communion and ask them to send you your certificate. We will also need the address of this church.**

**RESOURCE LIST**

Some of these books are available in the Sheil Library. All of them are available online or through a local book store.

*United States Catholic Catechism for Adults*. United States Conference of Catholic Bishops, July 31 2006.

*The Essential Catholic Handbook: A Summary of Beliefs, Practices, and Prayers.* Liguori Publications, April 2004.

*The Complete Idiot’s Guide to Catholicism* - - a fun and factual look at all things Catholic.

Bob O’Gorman and Mary Faulkner, Alpha Publishing, August 2006.

*A Handbook for Today’s Catholic.* Liguori Publications, July 2004.

*Catholicism* by Richard P. McBrien, HarperCollins, 1994.

*Why Stay Catholic: Unexpected Answers to a Life-Changing Question.* Michael Leach. Chicago: Loyola Press, 2011.

Please fill out this form as completely as possible and scan or take a picture and send by email, by the second class, April 11th

(You might not have chosen your sponsor and confirmation name yet this can be filled in later)

Attach a copy of your baptismal record and, if possible, your first communion certificate.

SHEIL CATHOILC CENTER RECORD OF CONFIRMATION, 2022

PLEASE PRINT CAREFULLY Name (first and last) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City, State, Zip Code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Age \_\_\_\_\_\_\_\_Place of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Parish Currently Attending \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BAPTISM: We need your parents’ names.

Father’s First & Last Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mother’s First & Maiden Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

It is very important that we have the address of the church if it does not appear on your baptismal certificate. Church \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City/State\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Zip\_\_\_\_\_\_\_\_\_\_\_ Date of Baptism\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FIRST COMMUNION: Have you received First Communion? \_\_\_\_\_\_\_\_\_\_\_\_\_

Date of First Communion\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Church and Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please make sure to attach a copy of your baptismal certificates to the form.

Office Use Only: Confirmation Sponsor’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name to be taken at Confirmation: \_\_\_\_\_\_\_\_\_\_\_\_